



# Sunshine Mall to Manorville Bagel Deli

Located At CR-101 & Station Rd. --- LIE Exit 66S, Sunrise Exit 55N



This Ride Is: Flat  Rolling  Hilly

Zero your odometer at CR-101 & Station Rd.

TURN	On	At ≈ mi	For mi
L	Station Rd	0.00	2.12
TL	Mill	2.12	1.06
R	Granny Rd	3.18	0.92
L	W. Bartlett Rd.	4.10	1.52
R	E. Bartlett (Hard Right!)	5.62	1.06
L	E. Bartlett @ Ashton (Stop Sign)	6.68	0.52
TL	CR-21	7.20	0.19
R	Longwood	7.39	1.43
L	Smith	8.82	1.10
R	Medford	9.92	1.14
S	Ridge Rd @ Rt-25	11.06	1.31
R	Whiskey Rd	12.37	0.86
L	Randall	13.23	2.43

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TURN	On	At ≈ mi	For mi
R	Crestwood	33.08	0.28
L	Starlight	33.36	0.25
TR	Flower Hill	33.61	0.59
S	Flower Hill @ Wm Floyd	34.20	0.49
TR	River Rd	34.69	0.96
TL	Moriches Middle Island	35.65	0.71
L	Yaphank Ave (Stop Sign)	36.36	0.27
R	Long Island Av (1st Rt)	36.63	1.05
TL	CR-101	37.68	0.42
R	Long Island Av (3rd light)	38.10	0.98
L	Bellport Av	39.08	0.80
R	Into Sunshine Mall	39.88	
☺ End Of Ride ☺			

### Legend

R - Right Turn	T - End Of Road	BR - Bear Right
L - Left Turn	S - Straight	BL - Bear Left

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TURN	On	At ≈ mi	For mi
S	Randall @ Rt-25A	15.66	0.12
R	No Country Rd	15.78	3.01
BR	No Country @ Duck Pond	18.79	0.56
BR	Wading River Manor Rd.	19.35	0.43
S	Wading River Manor @ Rt-25A	19.78	2.08
S	Wading River Manor @ Rt-25	21.86	0.74
L	Grumman Blvd	22.60	0.71
R	Line Rd	23.31	1.11
TL	Wading River Manor	24.42	0.86
TR	North / Mill	25.28	0.20
L	Ryerson	25.48	0.19
L	CR-111 (Post Office)	25.67	0.85
R	Bagel Deli Stop / McDonald's		
R	Chapman (Out of Deli)	26.52	1.34
R	South St	27.86	2.92
S	North @ North, South & Weeks	30.78	2.13
X/S	X - Moriches Middle Island S - Sleepy Hollow	32.91	0.17

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## Rules Of The Road

- Stop for all red lights.
- Ride single file. If someone calls "Car Back", ride as far to the right as possible. Use your mirror!
- Do Not Block Turn Lanes or Intersections.
- Ride predictably. Signal for turns, slowing or stopping.
- Announce yourself when passing.
- Remember: Sharing the road applies to cyclists as well as to motorists. The way we behave as a group is a reflection on all cyclists.